



20 Ways to Take Action

1. **VOTE in every election: national, state and local.** Every elected position is critical for moving climate solutions forward. Voting for people at every level of government who are willing to address the climate crisis is critical to protecting our grandchildren and all generations.
2. **Join [Elders Promote the Vote](#)** and help mobilize inconsistent voters through phone banking, postcarding and more. We use nonpartisan messaging to reach out to inactive voters and help them connect with all the information needed to empower them to vote.
3. **Join our Monthly National Call & Action Party**—4th Tuesday of the Month, 7 PM (ET), 4 PM (PT) and learn about important climate-related topics from expert speakers followed by a 15-minute action party. Find the National Call and other events at eldersclimateaction.org/events.
4. **Watch previous events** at eldersclimateaction.org/videos or on the [ECA YouTube channel](#).
5. **Check your email for the ECA's twice monthly Elders In Action Bulletin** filled with things that you can do in your community or from the comfort of your own home. We hope you will take the actions shared each month as they are important! Our continued pressure on decision makers is changing government policies and business practices. We wouldn't be seeing action without all of our letters, petitions, comments, phone calls and meetings over years. This is how we build the political will necessary to solve the climate crisis.
6. **Download the Climate Action Now App** (from the app store on your mobile device) and use the invite code 56 to connect to ECA's Actions. Or just point your phone at the QR code and click on the link that pops up.
7. **Join a [chapter](#)** in your area or gather friends and create a local action group that could lead to a chapter. <https://www.eldersclimateaction.org/chapters/>
8. **Schedule a meeting with your elected representatives** or their staff to talk about climate solutions for your community. Since covid, virtual meeting requests are accepted by elected officials at all levels of government. And don't forget to get a picture or screenshot of the meeting and send it to us! (info@eldersclimateaction.org)
9. **Visit eldersclimateaction.org regularly** for news, actions, events and more.
10. **Listen and subscribe to The Way Forward Regenerative Conversations Podcast** co-sponsored by Elders Climate Action wherever you get your [podcasts](#) and on [YouTube](#).
11. **Schedule a meeting with your bank manager** to discuss your bank's funding of fossil fuels, cut up credit cards with fossil fuel funders and check out the ECA website for other bank and investment related actions.

- [Costco/Citi Campaign](#)
 - [Fossil Free CitiBank Campaign](#)
 - [Vanguard Action](#)
12. **Give public presentations** (online or in-person) about the impacts of air pollution and climate change in your community.
 - Check out the [BreatheAgainCollaborative.org](#) for more resources on the intersection of air pollution, climate and health.
 13. **Use social media as an advocacy tool.** Like, follow, post and share ECA and ECA Chapters on [Facebook](#), [Twitter/X](#), [Instagram](#), [Threads](#), [YouTube](#) and [LinkedIn](#).
 14. **Electrify your own home and car.** Learn more from our *Electrify Your Life* series. [Watch the recordings here.](#)
 15. **Find additional ways to take action in your personal life** to lessen your climate impacts on our website [eldersclimateaction.org/everyday/](#)
 16. **Join the ECA national team and contribute your skills!** We have a number of leadership teams where you can be part of a community of advocates working on strategies and tactics to engage other elders. (Contact us at info@eldersclimateaction.org).
 17. **Talk with others about climate change. Tell friends and family members about ECA and ask them to join!** ECA was founded on personal phone calls and one-on-one relationships. We wouldn't be here if it wasn't for folks asking each other to get involved. You are how we spread the word and help others find a place to take action. All ages are welcome.
 18. **Send us a video message or photographs** to share in our bulletins or on social media. Tell us why you are acting on climate and what you are doing to make a difference for generations to come. Send to info@eldersclimateaction.org.
 19. If you are a member of other climate-focused organizations, **serve as a liaison** with ECA.
 20. Last, but certainly not least: **donate to support ECA's work** and, if you can, make it a monthly contribution. We have one full time staff member and a few contract positions working with our all-volunteer team. In order to grow our numbers we need more staff. [Donate](#) what you can, whenever you can, to support programming, communications, and actions helping to build a cadre of informed and empowered elder activists.

And don't forget to drink water, get rest, and come back for more. We are always adding more opportunities for you. Stay tuned to our website and twice monthly Elders In Action Bulletins for new ways to make your voice heard.